



newbabynewyou

Postnatal courses for you and your baby

Please print, fill-in and return this form with your cheque, payable to Claire Boud, to:  
Claire Boud, 1 Llanberis Cottages, 14 College Road, Ash, Surrey, GU12 5BY.

### Booking form for Postnatal YOGA classes

Name:	
Address:	
Telephone:	
Email:	
Baby's Name:	
Baby's DoB:	
Type of birth:	
Preferred date / month for start of course:	
I confirm that I have had, or will have had by the start of the course, my six-eight week check with my GP: *Delete as appropriate <b>YES / NO*</b>	
Please give details of any special information that may be relevant to you attending the yoga classes (back problems, split tummy muscles, SPD etc);	
Where did you hear about the Yoga classes?	

[Claire@newbabynewyou.co.uk](mailto:Claire@newbabynewyou.co.uk)